

Fees List

Assessment Consultation fee 90 minutes session - £100

Assessment Consultation fee for couples 90 minutes session - £120

Treatment Fees and Charges

Psychotherapy/Hypnotherapy fee 60 minutes sessions - £65

Psychotherapy/Hypnotherapy fee 90 minutes sessions - £95

Relationship therapy fee 60 minutes session - £75

Relationship therapy fee 90 minutes session - £105

Written Assessment fee - £200

For other therapy related services and recordings charges are £65 per hour

- 10% Discount applies for minimum of 6 or more pre-booked and pre-paid sessions.
- The Assessment Consultation and recordings are exempt from discounted rates.

Terms and Conditions

Bookings and Payments

1. Standard session lasts 60min except when different arrangements are agreed upon. In cases when the therapy hour is extended by the client additional fee for the next full hour will be charged. In cases when the therapy hour is extended by the therapist no additional charge will apply. Assessment Consultation is exempt of any discounts and can last up to 90 minutes.
2. Fees are as per the Fees List provided and payable in advance prior commencement of treatment.

Bilyana Wharton Psychotherapy

3. In cases when set number of sessions is pre-booked the fees for all booked sessions are due before the day of the first session.
4. Discount of 10% applies when minimum six sessions are pre-booked and pre-paid. All fees are non-refundable.
5. All custom designed treatments are pre-booked and paid in advance. This service is subject to specific contract with each individual client.
6. Payments can be made by BACS or Internet Bill Payment to: Mrs B K Wharton, Sort Code: 404022, Account No: 81609297
7. PayPal or card payments and purchases can be made via the professional website: www.bilyanawharton.com
8. Out of office and call out appointment fees are as agreed with the client. Time and travel expenses are calculated at the rate of £70 per hour independently of the session fee.
9. Appointments booked before 9am and after 5pm are not eligible for any discounts even if they are pre-paid in a block sessions.
10. The therapist reserves the right to offer an appointment and keep it open for 12 hours. If the client does not confirm within the 12 hours period the appointment becomes available to other clients.
11. Cancellations are accepted 48 hours before the individual session. If the client fails to cancel on time the session fee still applies. Exceptions are made in cases of emergency such as rapidly getting unwell, traffic accident or extreme weather.
12. The Practice has no refund policy. Fees are paid in advance for providing the services and it is the client responsibility to attend the session as agreed on booking.
13. In cases when the client has paid the fee but due to unforeseen circumstances cannot attend the session the cancellation clause 11 applies. If notice has been

given 48h prior the appointment re-arrangement of the session can be agreed at mutually convenient later date.

14. In cases when the therapist is unable to attend a booked session, she has to give 24h notice to the client and offer another appointment in convenient for the client date and time. In case of emergency situation, the therapist has to inform the client as soon as possible and in first convenience offer alternative appointment to the client.
15. Cancellations of three consecutive appointments without a valid reason will automatically result in referral of the client or termination of therapy.

Treatment, ethical bounds, professional boundaries and confidentiality

16. The number of sessions depends on the issue and the client. The therapist may be able to suggest the terms of length of therapy at the end of the Assessment Consultation.
17. The practitioner is bound with the Hypnotherapy Society Code of Ethics and the National Counselling Society Code of Ethics.
18. The practitioner is in supervision as required by the National Counselling Society code of ethics.
19. In cases when the client is a minor (16-18 years of age) or a vulnerable person a written consent to proceed with treatment from the parent/guardian/carer must be obtained prior to commencement of treatment.
20. All sessions are confidential and the relationship between client and therapist lays on mutual respect and strict professional boundaries. Exceptional circumstances where the confidentiality clause may not apply:
 - Arising possibility of harm to self or others
 - When the client gives a written permission
 - In the Court of Law by Judge's order
 - When referral is required, in which instance the client will be consulted

21. The therapist can make referrals, write letters or speak to any third party only if the client has given specific permission prior in writing to the therapist to do so. If such permission has not been granted the therapist will maintain confidentiality and restrain from disclosing any information to any third parties and/or family members.
22. Clauses 20 and 21 apply for relationship therapy session in the same way, as the couple or family members attending therapy is regarded as one party.
23. The therapist is under professional supervision where the confidentiality clause applies fully.
24. The therapist holds adequate professional insurance.

Termination of treatment

25. From time to time the therapist can offer mid-therapy assessment session to establish the future course of the treatment and to discuss alternative routes that may be beneficial to the client.
26. Clients have the right to terminate treatment at any point.
27. If client terminates treatment and the therapist has a valid, factual evidence to believe that the client's or anybody else's life is in danger she, under the confidentiality clause, is obliged to report this to her supervisor or/and relevant bodies. Please refer to the clause 20.
28. The therapist can refer a client to another professional or professional organisation if she believes that this referral will be of benefit to the client but only if the client agrees and grants the referral prior and by a written consent.
29. We never share any client's information with any third parties.

Miscellaneous

- The Practice has no walk-in facilities and all services are strictly by appointment only.
- Parking is available off the road and it is free of charge.
- Please note that the Practice is not equipped to respond to emergency situations. If such situation arises, please ring:

999 – Emergency number for UK

112 – Emergency number for EU

Alternatively:

111 – NHS non-emergency number

101 – Police non-emergency number

Date the Terms and Conditions have been accepted:

Client's name:

Client's signature: