

Fees List

Assessment Consultation - £50

Hypnotherapy Fees

Hypnotherapy session - 60 min - £60

Hypnotherapy session - 90 min - £80

Customized Treatment Support recording up to 30min - £35

Hypno-Primal Weight Management Program - £425

Psychotherapy Fees

Psychotherapy session – 60min - £45

Psychotherapy session – 90min - £65

Relationship therapy session – 60min - £55

Relationship therapy session – 90min - £75

Telephone and Skype sessions - 60min - £45

Telephone and Skype counselling sessions - 90min - £65

Written Assessment fee - £80

For other therapy related services time is charged at £45 per hour

- 10% Discount applies for 4 or more pre-booked and pre-paid sessions. Concession fees excluded of any discount.
- The Assessment Consultation, all programs and recordings are exempt from discounted rates.
- Concession rates are available for NHS, Police and Emergency Services personnel. Concession rates are not subjected to further discounts.
- Concession rates are available for combined family income of less than £20,000 per annum. Proof needs to be provided prior commencement of treatment. Concession rates are not subjected to further discount.

Terms and Conditions

Bookings and Payments

1. Standard session lasts 60min except when different arrangements are agreed upon. In cases when the therapy hour is extended by the client additional fee for the next full hour will be charged. In cases when the therapy hour is extended by the therapist no additional charge will apply. Assessment Consultation is exempt of any discounts and can last up to 90 minutes.
2. Fees are as per the Fees List Provided.
3. In cases when set number of sessions is pre-booked the fees for all booked sessions are due before the day of the first session.
4. Discount of 10% applies when minimum four sessions are pre-booked and pre-paid. Not refunds are issued on any sessions.
5. All custom designed treatments are pre-booked and paid in advance. This service is subject to specific contract with each individual client.
6. Payments by cash are paid on the day of the session. When fees are paid by cheque or BACS, the payment should be made in advance and clear before the session or programme takes place. Cheques can be sent to: B Wharton Office 18 Central Chambers 77-78 Westborough Scarborough YO11 1TP Alternately BACS or Bill payments can be made to: Mrs B K Wharton, Sort Code: 404022, Account No: 81609297
7. Payments and purchases can be made via the professional website:
www.bilyanawharton.com
8. Out of office and call out appointment fees are as agreed with the client. Time and travel expenses are calculated at the rate of £45 per hour out of the session fee.
9. Appointments booked after 5pm are not eligible for discounts.

10. The therapist reserves the right to offer an appointment and keep it open for 12 hours. If the client does not confirm within the 12 hours period the appointment becomes available to other clients.
11. Cancellations are accepted 48 hours before the individual session. If the client fails to cancel on time the session fee still applies. Exceptions are made in cases of emergency such as illness, accident, extreme weather, etc.
12. The Practice has no refund policy. Fees are paid in advance for providing the services and it is the client responsibility to attend the session as agreed on booking.
13. In cases when the client has paid the fee but due to unforeseen circumstances cannot attend the session the cancellation clause 11 applies. If notice has been given 48h prior the appointment re-arrangement of the session can be agreed at mutually convenient later date.
14. In cases when the therapist is unable to attend a booked session she has to give 24h notice to the client and offer another appointment in convenient for the client date and time. In case of emergency situation the therapist has to inform the client as soon as possible and in first convenience offer alternative appointment to the client.
15. Cancellations of two consecutive or three non-consecutive, but within a 30 day period, appointments will automatically result in discharge of the client and termination of therapy.

Treatment, ethical bounds, professional boundaries and confidentiality

16. The number of sessions depends on the issue and the client. The therapist may be able to give an approximate number at the end of the Assessment Consultation.
17. The practitioner is bound with the National Hypnotherapy Society Code of Ethics and the National Counselling Society Code of Ethics.
18. The practitioner is in supervision as required by the National Hypnotherapy Society and the National Counselling Society code of ethics.

19. In cases when the client is a minor or a vulnerable person a written consent to proceed with treatment from the parent/guardian/carer must be obtained prior to commencement of treatment.
20. All sessions are confidential and the relationship between client and therapist lays on mutual respect and strict professional boundaries. Confidentiality breaks if the client's or anybody else's life is endangered. In this case the therapist is obliged to inform her supervisor or/and the relevant bodies.
21. The therapist can make referrals, write letters or speak to any third party only if the client has given specific permission prior in writing to the therapist to do so. If such permission has not been granted the therapist will maintain confidentiality and restrain from disclosing any information to any third parties and/or family members.
22. Clauses 20 and 21 apply for relationship counselling session in the same way, as the couple or family attending therapy is regarded as one party.
23. The therapist is under professional supervision where the confidentiality clause applies fully.
24. The therapist holds adequate professional insurance.

Termination of treatment

25. From time to time the therapist can offer mid-therapy assessment session to establish the future course of the treatment and to discuss alternative routes that may be beneficial to the client.
26. Clients have the right to terminate treatment at any point.
27. If client terminates treatment and the therapist has a valid factual evidence to believe that the client's or anybody else's life is in danger she, under the confidentiality clause, is obliged to report this to her supervisor or/and relevant bodies.

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28. The therapist can refer a client to another professional or professional organisation if she believes that this referral will be of benefit to the client.

29. We never share any client's information with any third parties.

Please note that the Practice is not equipped to respond to emergency situations. If such situation arises please ring:

999 – Emergency number for UK

112 – Emergency number for EU

Alternatively:

111 – NHS non-emergency number

101 – Police non-emergency number